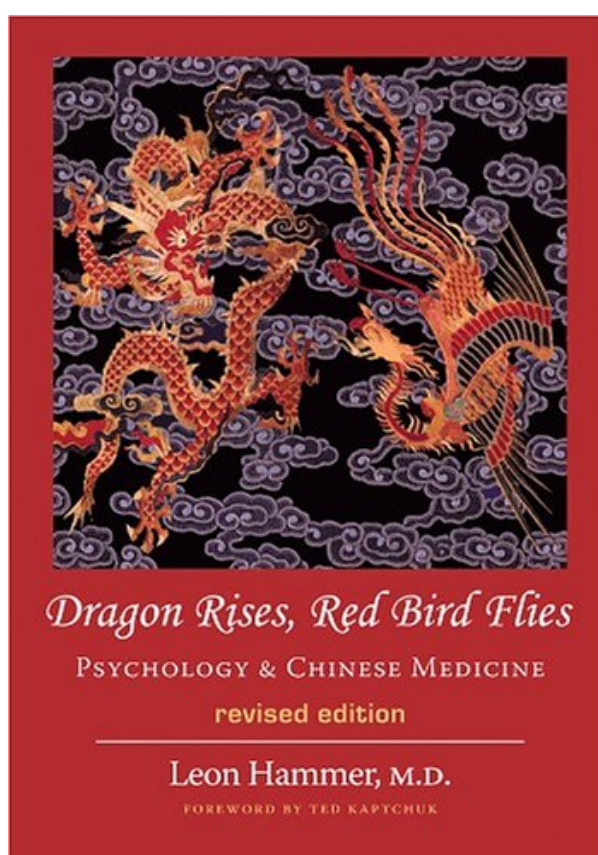


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revised edition

Leon Hammer, M.D.

FOREWORD BY TED KAPYCHUK

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Hammer argues cogently for a cause well worth taking seriously by health professionals and the public at large. --Publishers Weekly

Dr. Hammer has brought new light to the depths of Chinese medicine. --Ted J. Kaptchuk, O.M.D.

About the Author

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By ERH

I bought this for a gift for a friend who is an open minded psychiatrist. It's fascinating stuff. Emotional problems and mental illness are viewed and described through the prism of Oriental Medicine, which is interested in getting to the root cause. Some of it is a bit technical for those of us who don't have a background in Oriental thinking and medicine, but most of the book describes cases and is an interesting and thought provoking read for the intelligent layperson. Highly recommended for everyone interested in or dealing with mental/emotional problems. Fascinating and different.

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For anyone into healing or self-healing as an artform, practice or career

By Connie M

This holistic and insightful book came highly recommended from a highly educated, talented and globally-savvy health practitioner... I work in healthcare and health research, and this is one of those books (if not THE book) that any practitioner working in a healing modality or health/mental healthcare field (whether eastern or western, complimentary or combined) would benefit from...to me, it's a MUST read... Will improve the understandings and hence healing outcomes of any practitioner -- great read for anyone interested in healing or who is going through a challenge. A magnificent read.

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Dr. Hammer is very informed & experienced with Chinese medicine. Great effort integrating Eastern time honored methods & principles with Western medicine. I wish he would address more regarding psychodynamic therapy given his training as a psychoanalyst as well. I believe that psychodynamic therapy, the ability to very deeply understand another, is as transforming as Chinese medicine.

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